

Fit For Life

General High School of Kato Achaia, Greece

Andreas Psinias a_psinias@yahoo.gr
Leonidas Letsas lleonidas@sch.gr



Erasmus+

Greece



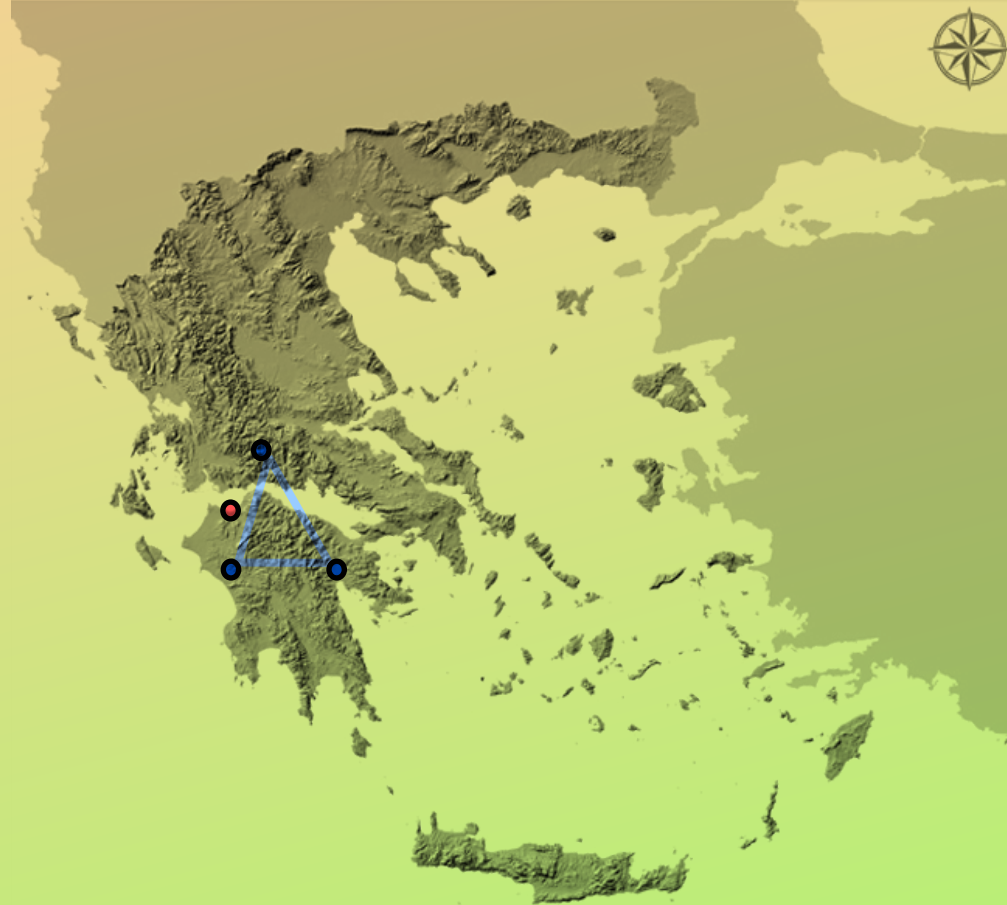
Officially the Hellenic Republic, historically also known as Hellas, is a country located in Southeast Europe. Its population is approximately 10.7 million as of 2018; Athens, the nation's capital, is its largest city.

Kato Achaia



Near sites of archaeological interest:

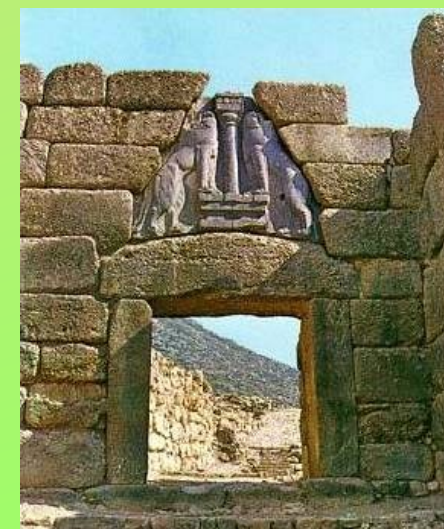
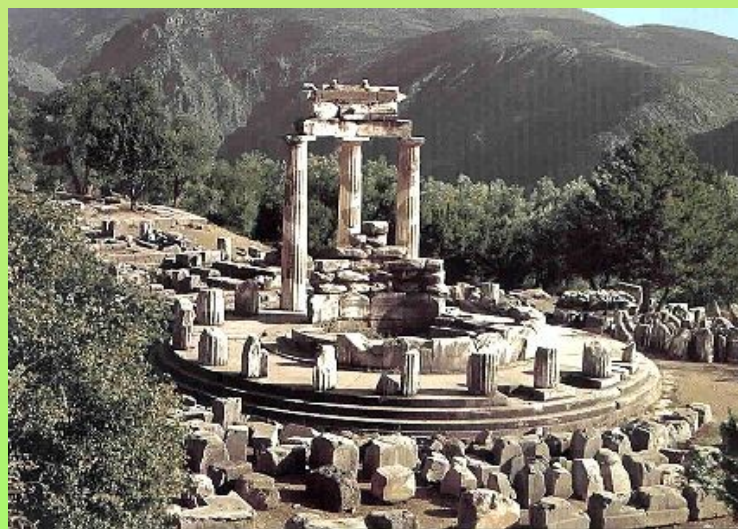
- Ancient Olympia (1 hour)
- Delphi (2 hours)
- Mycenae (2 hours)



Ancient Olympia

Delphi

Mycenae



Near by Patras

- Greece's third-largest city
- regional capital of Western Greece
- overlooking the Gulf of Patras
- 250.000 inhabitants (aprox.)
- 4.000 years of history

- Port to Italy (West Gate)
- University
- Greek Open University
- Technological Institute
- Science Park
- Industrial area
- Regional Hospital

Roman Odeon



Rion Antirion bridge



The castle



View from the port



Kato Achaia

- Seat of administration of the municipality West Achaia
- Nearby are the ruins of the ancient city of Dyme.
- Population 7000
- 1 km south of the Gulf of Patras

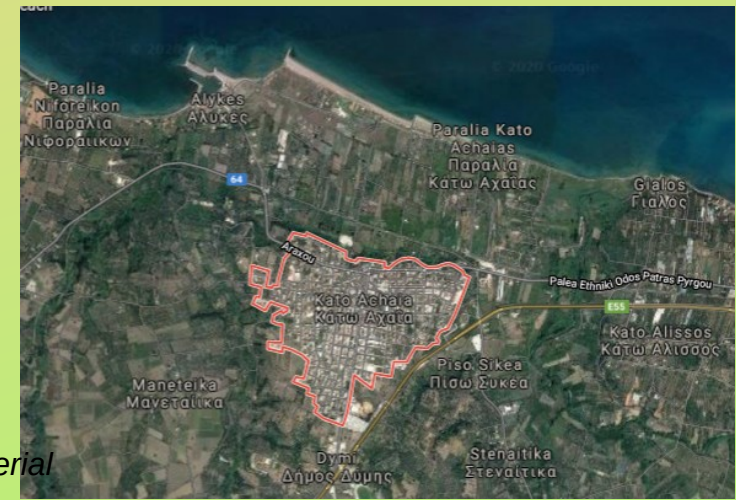


Kato Achaia Beach



Kalogria forest and beach

Kato Achaia google aerial



Kato Achaia google aerial



Ancient dyme wall



Alikes fisher village

Local Products

Τεντούρα



Tentura liqueur: the black beauty of patras



loukoumi: traditional Greek Candy



Mavrodaphne: a sweet, fortified wine



Ouzo: a dry anise-flavoured aperitif



handmade pastas (trahanas-toutoumakia)

Trahanas: one of the oldest foods

pebble-shaped grain product

varies widely all over Greece.

evolved as an ingenious way to preserve milk.



Olive

From ancient Olympic wreath to olive oil

Our school

Our school is located in the north-western part of Peloponnese, in **Kato Achaia**.

It is the only General high school in the district. It has approximately 250 pupils and 20 teachers.

Among the subjects taught are mathematics, ancient Greek, literature, mathematics, physics, chemistry, biology. Each year the students voluntarily participate in programs, with environmental cultural and health content.



Our school

- Library
- Computer lab
- English laptop teaching room
- Projection room
- Laboratory of Applied Physics
- Sport facilities
- Play yard



School culture

School website:

<https://blogs.sch.gr/lyk-k-ac/>

Activities:

Chess
Basket ball
Volleyball
Educational Visits
Competitions
Projects
Dancing
Festivities



School culture



Created for Erasmus+ program “fit for life”

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